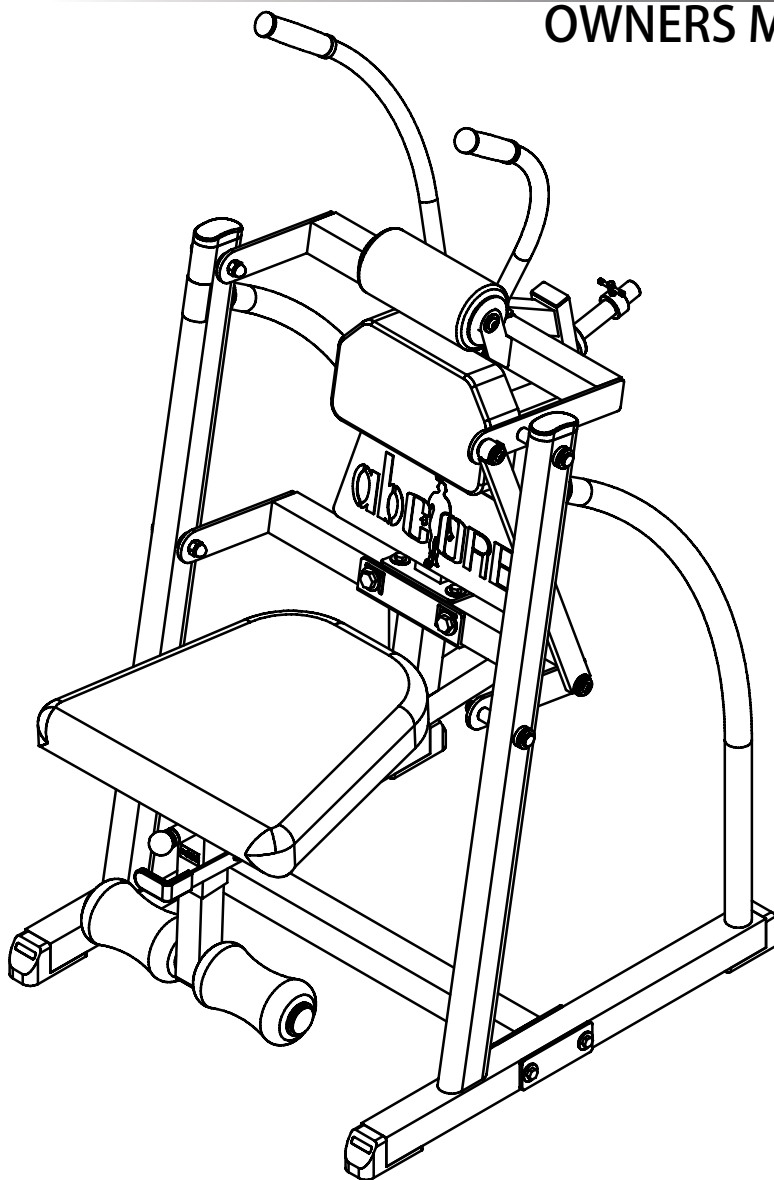




HUDSON STEEL

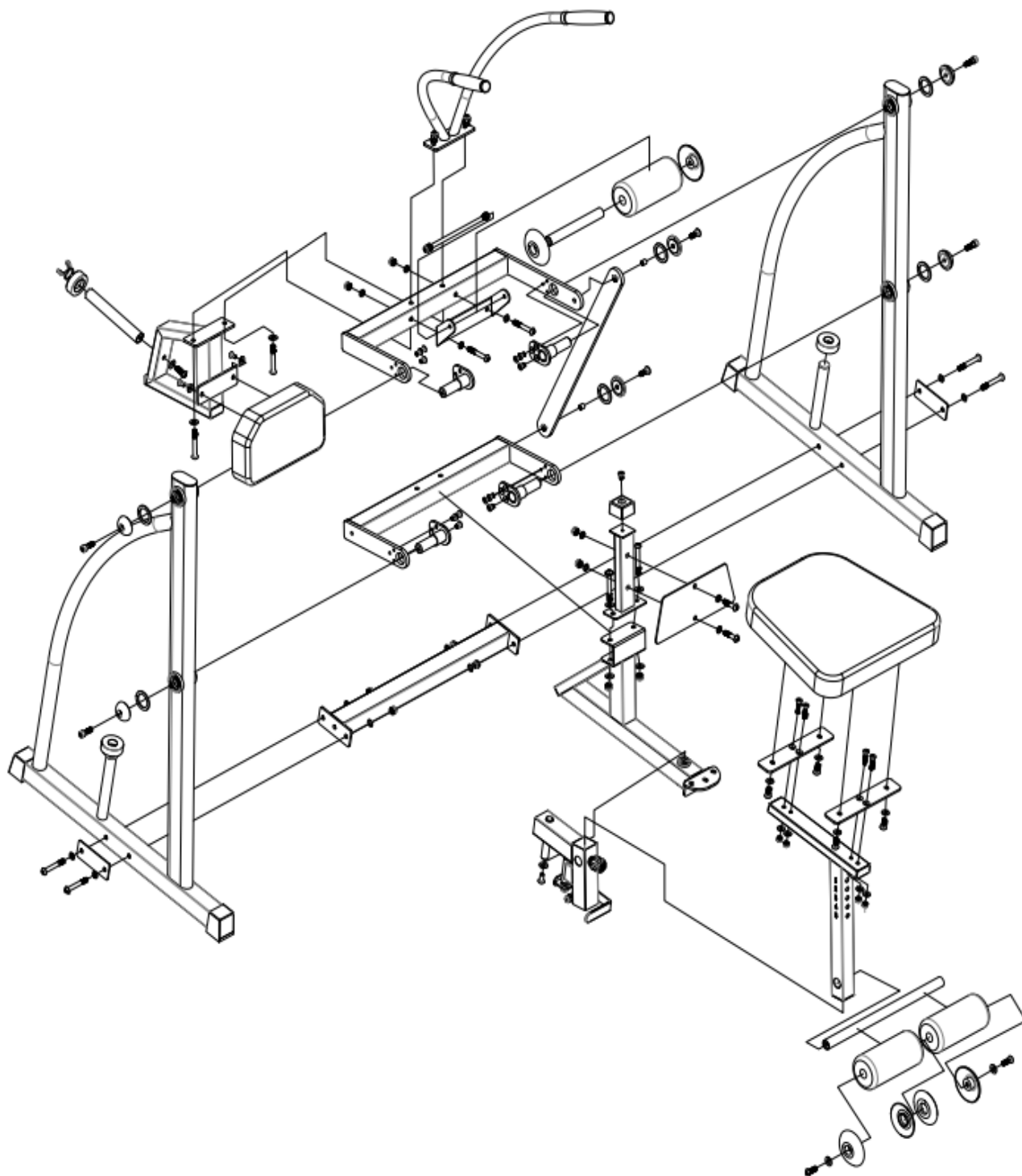
AB ROCK OWNERS MANUAL



HUDSON

HUDSON STEEL COMPANY
70A overocker rd
poughkeepsie ny 12603
1-877-FIT GYMM

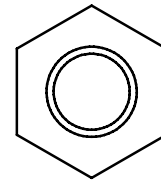
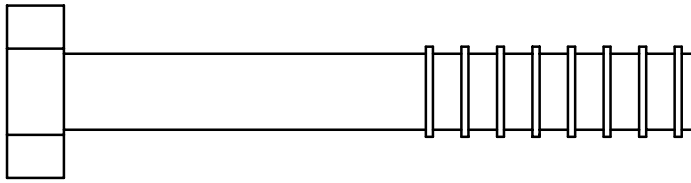
AB ROCK OWNER'S MANUAL



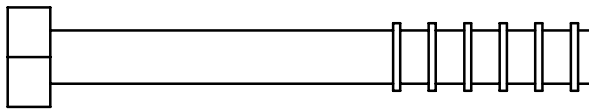
HUDSON

HUDSON STEEL COMPANY
70A overlocker rd
poughkeepsie ny 12603
1-877-FIT GYMM

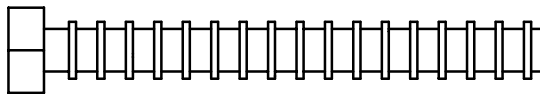
AB ROCK OWNER'S MANUAL

HARDWARE ILLUSTRATION

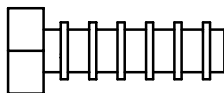
(A1)HEX BOLT 1/2'X3-1/2"L PARTIAL QTY.2



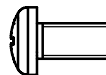
(A2)HEX BOLT 3/8"X3"L PARTIAL QTY.8



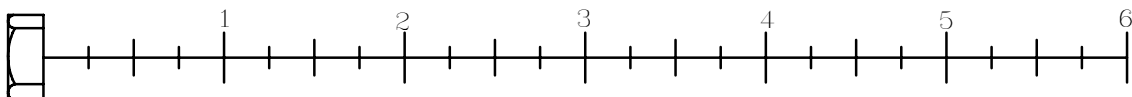
(A3)HEX BOLT 5/16"X2-3/4"L PARTIAL QTY.2



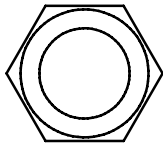
(A4)HEX BOLT 5/16"X1"L PARTIAL QTY.4



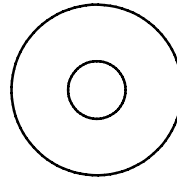
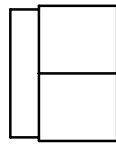
(A5)ROUND CROSS SCREW M5X10L PARTIAL QTY.2



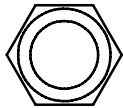
HARDWARE ILLUSTRATION



(B1)NYLON LOCK NUT1/2" QTY.2



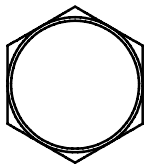
(C3)5/16"(I.D)FLAT WASHER Ø24 QTY.6



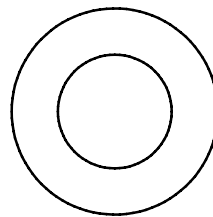
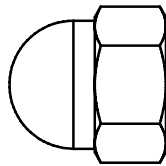
(B2)NYLON LOCK NUT3/8" QTY.8



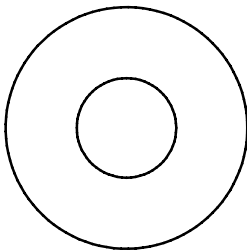
(C4)M5(I.D)FLAT WASHER Ø12 QTY.2



(B3)DOMED CAP NUT1/2" QTY.4



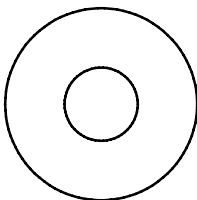
(C5)Ø29XØ16X2t FLAT WASHER QTY.6



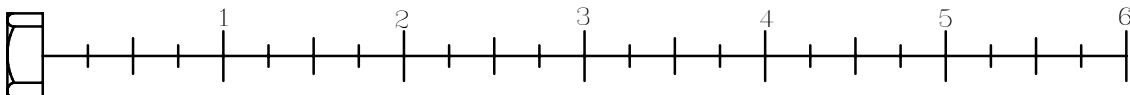
(C1)1/2"(I.D)FLAT WASHER Ø34 QTY.4



(C6)SPRING WASHER 5/16" QTY.6



(C2)3/8"(I.D)FLAT WASHER Ø27 QTY.16



HARDWARE ILLUSTRATION

D1. Ø3/4"XØ15.8X25L STEEL BUSHING (8110-072)	-----[2PCS]
D2. Ø1" ROUND END CAP (8341-033)	-----[2PCS]
D3. 1"X2" END CAP(9211-009)	-----[6PCS]
D4. 50mmX50mmX1.8t END CAP(9211-082)	-----[4PCS]
D5. 45mmX45mmX1.8t END CAP(9211-091)	-----[1PCS]
D6. 40X80X2tX35H END CAP(9211-113)	-----[2PCS]
D7. Ø1"X135L RUBBER GRIP(9212-055)	-----[2PCS]
D8. 2" NYLON WASHER (9214-001)	-----[4PCS]
D9. 3" NYLON WASHER (9214-008)	-----[2PCS]
D10. Ø2-1/2"X1/2"tX26 RUBBER DOUNT(9310-011)	-----[1PCS]
D11. Ø58X116X29t RUBBER DOUNT(9310-057)	-----[1PCS]
D12. Ø1" SHAFT COLLAT(RC-07T)	-----[1PCS]

D1.



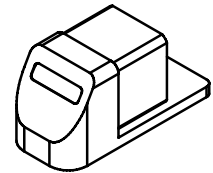
D2.



D3.



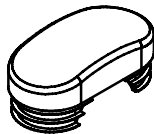
D4.



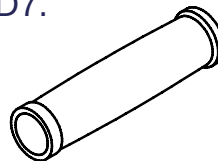
D5.



D6.



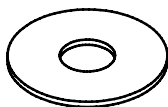
D7.



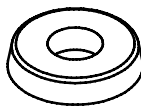
D8.



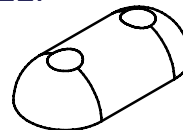
D9.



D10.



D11.

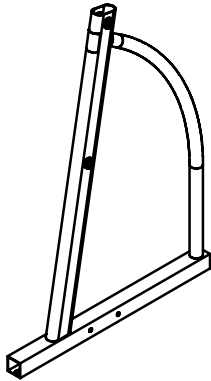


D12.

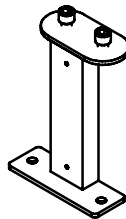


PARTS ILLUSTRATION SHEET

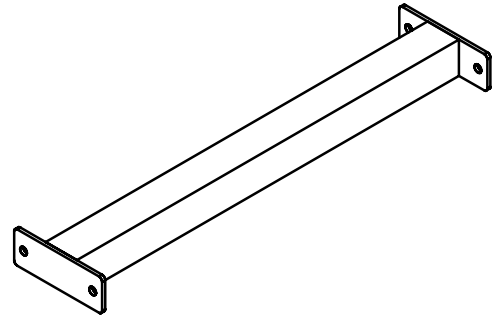
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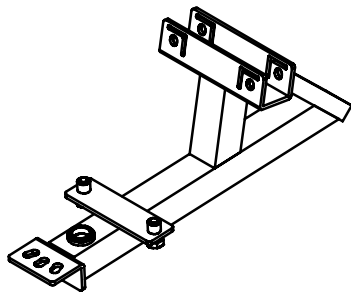
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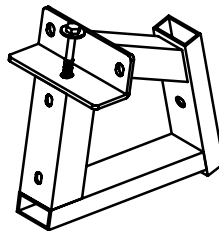
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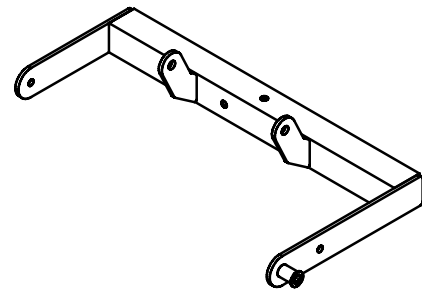
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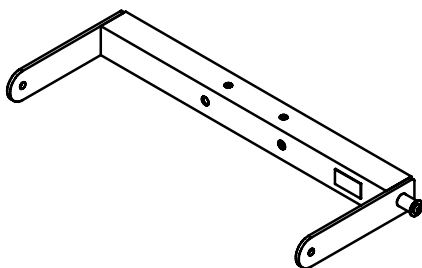
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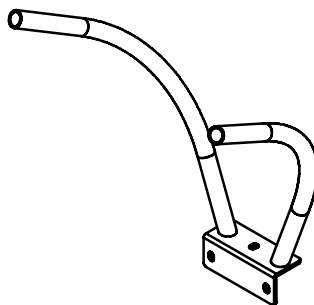
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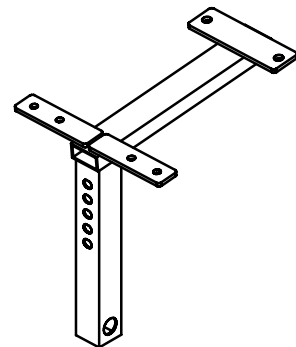
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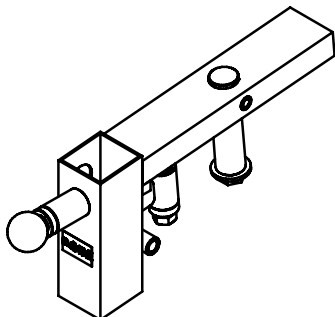
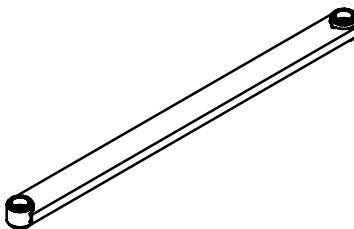
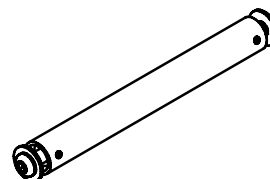
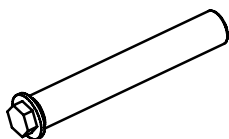
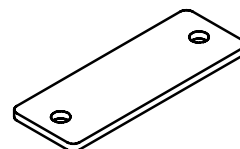
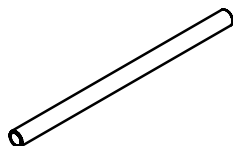
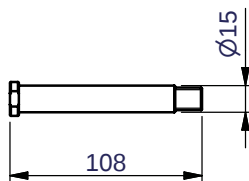
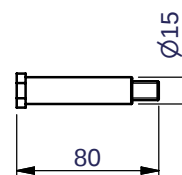
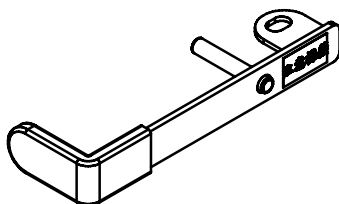
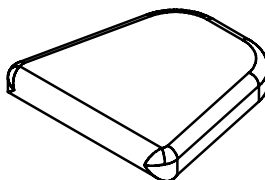
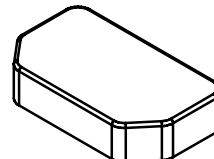


H[1PCS]



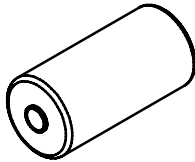
I[1PCS]
6650-001



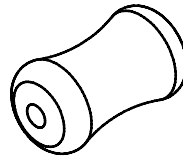
PARTS ILLUSTRATION SHEETJ[1PCS]
6660-001K[1PCS]
6630-001L[1PCS]
6640-004M[1PCS]
8220-079N[1PCS]
8220-079O[2PCS]
8312-090P[1PCS]
Ø25.4X2.5tX420LQ[2PCS]
8210-100R[2PCS]
8210-101S[1PCS]
280217T[1PCS]
9121-059U[1PCS]
9111-062

PARTS ILLUSTRATION SHEET

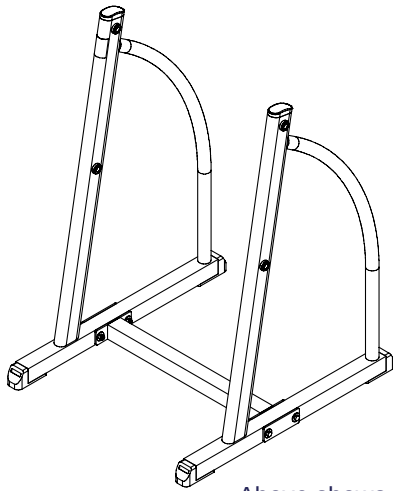
V[1PCS]
9161-049



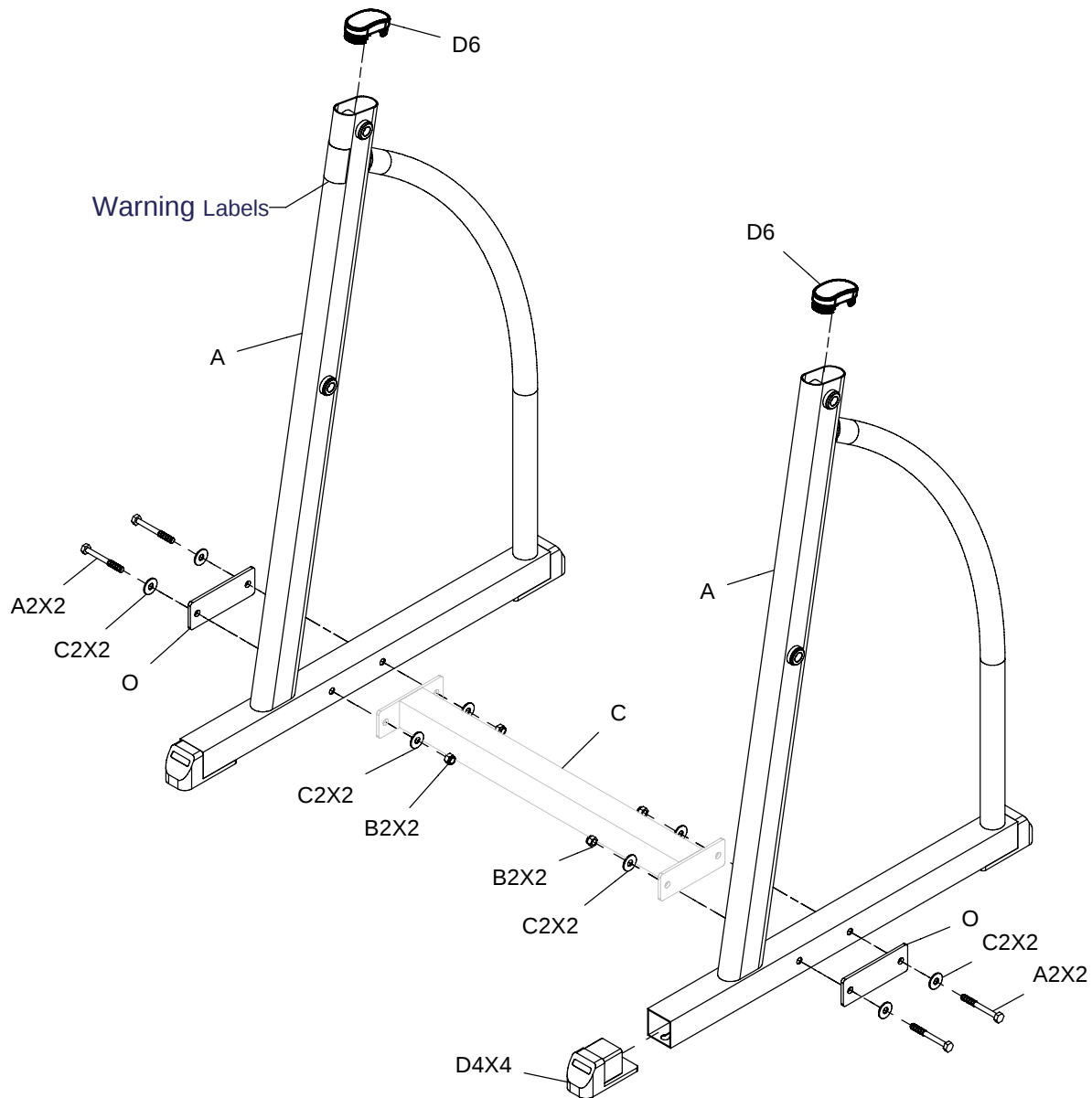
W[2PCS]
9161-052



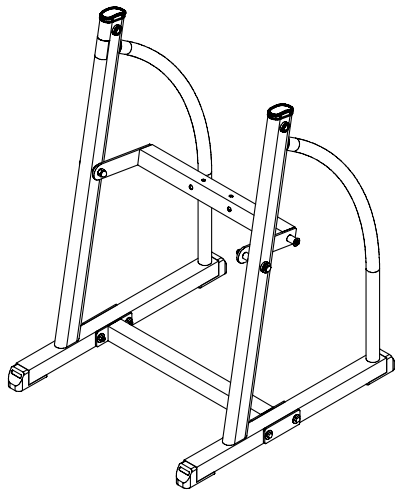
AB ROCK ASSEMBLY INSTRUCTIONS



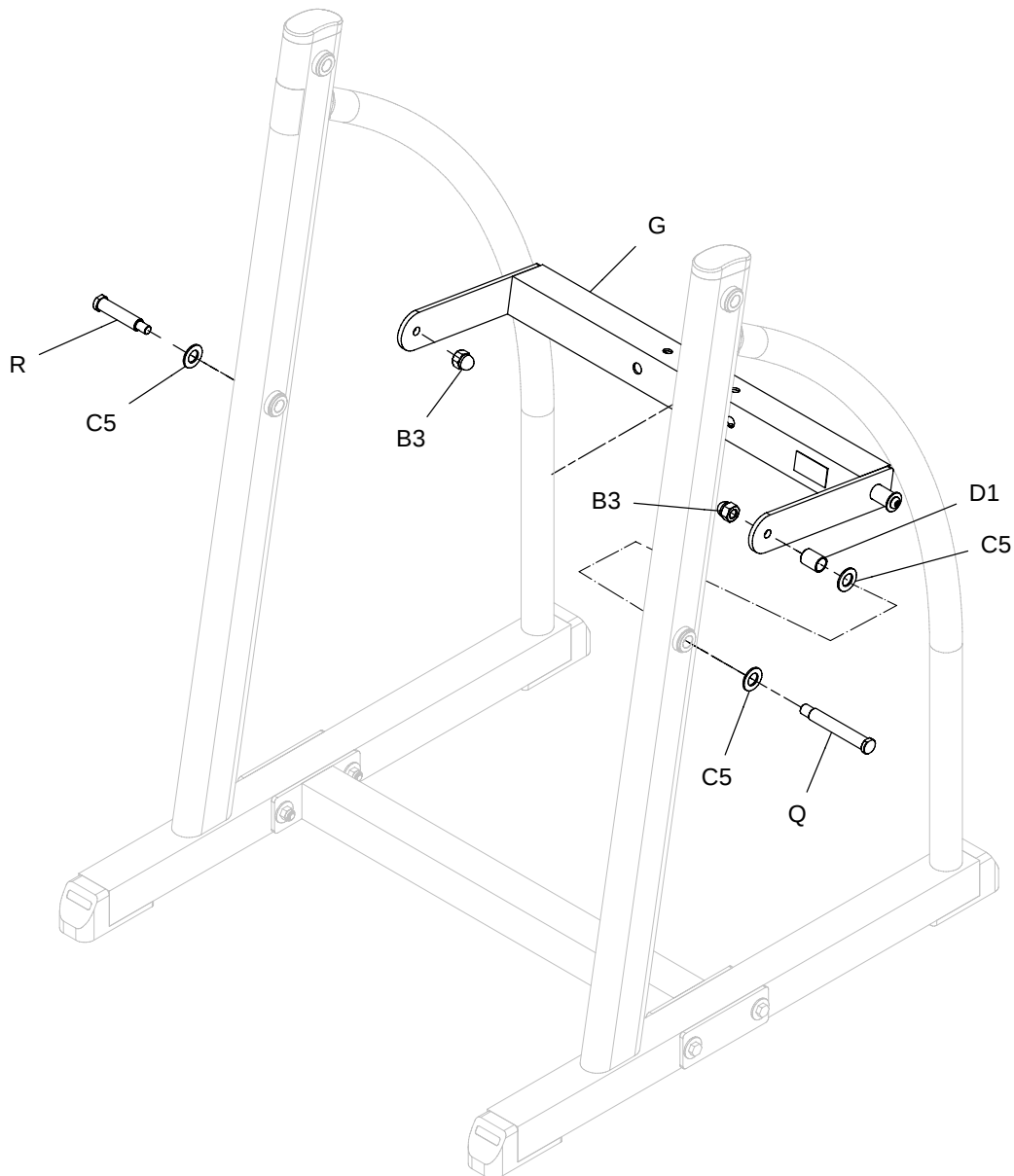
Above shows STEP 1
assembled and completed

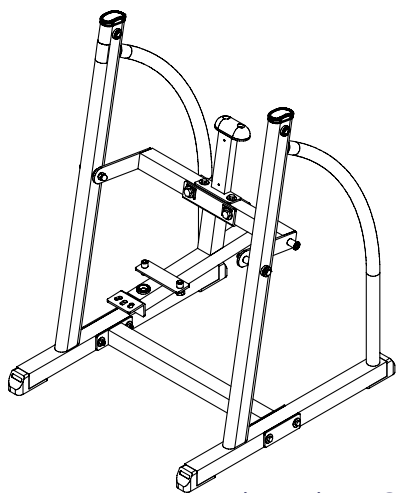


AB ROCK ASSEMBLY INSTRUCTIONS

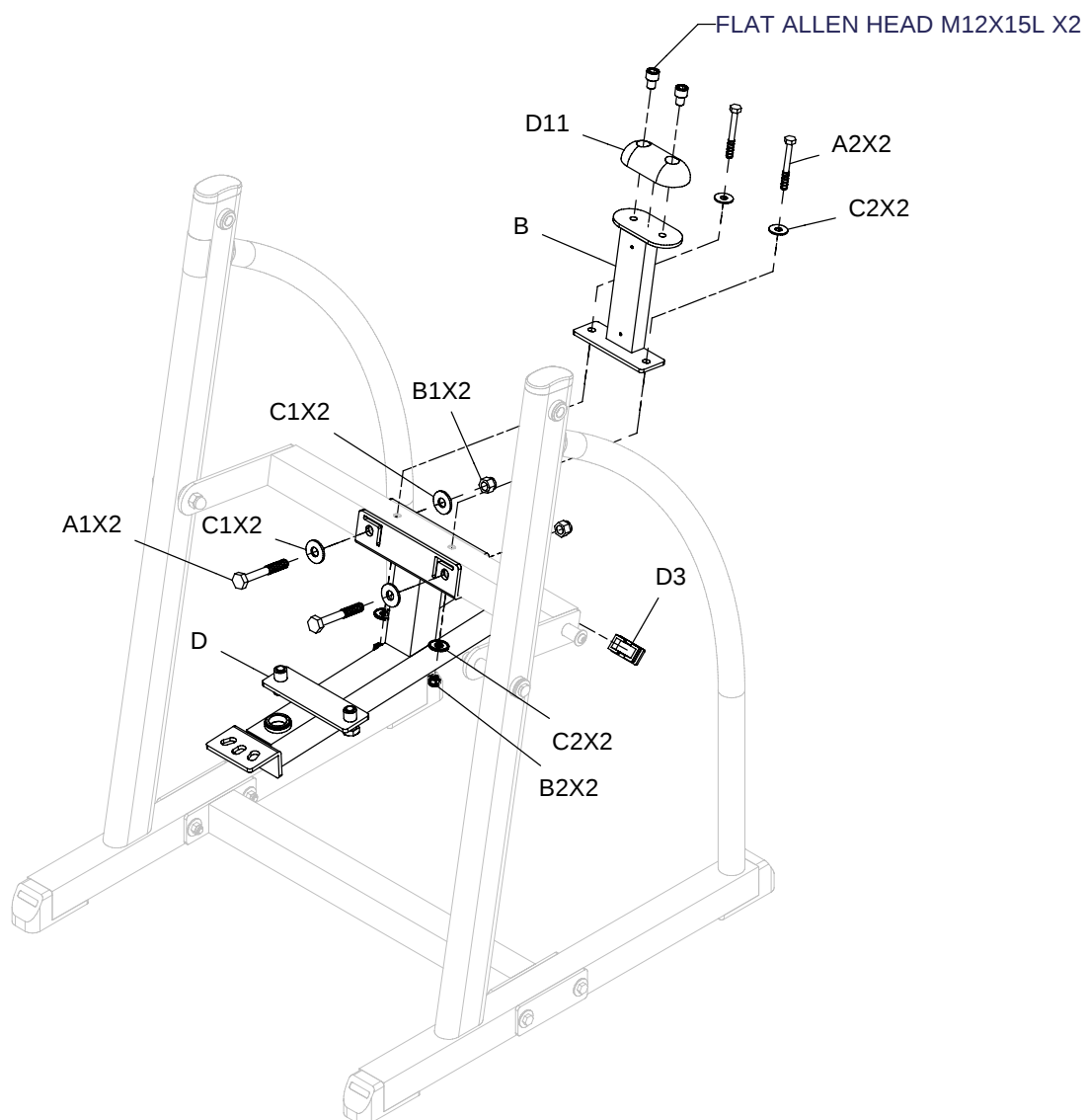


Above shows STEP 2
assembled and completed

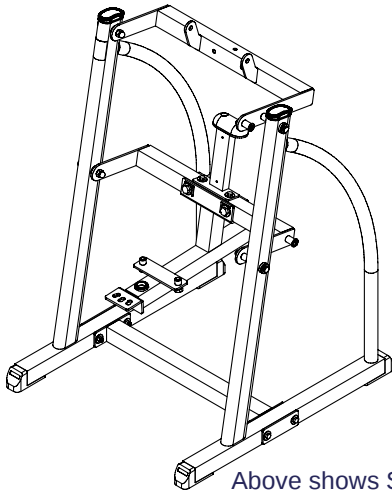




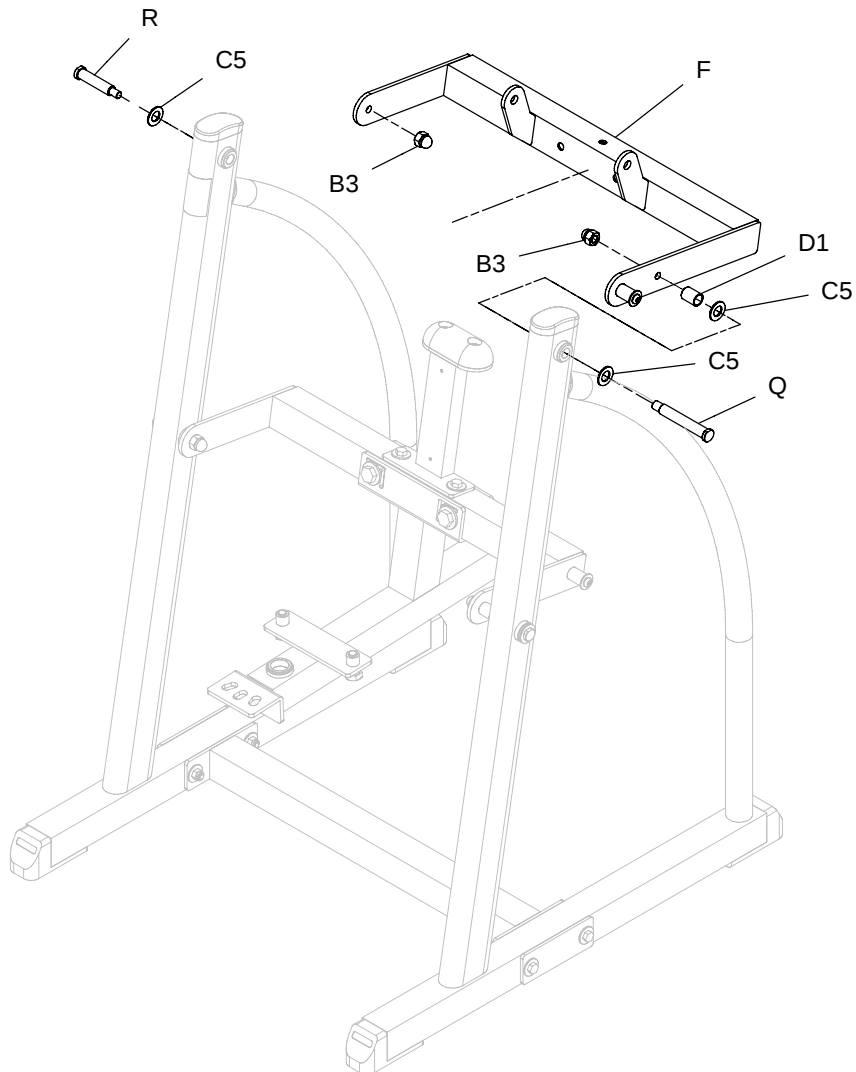
Above shows STEP 3
assembled and completed



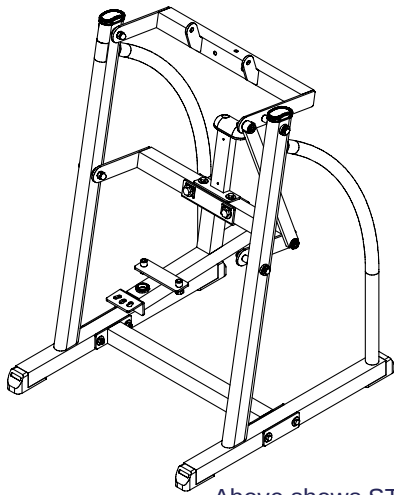
AB ROCK ASSEMBLY INSTRUCTIONS



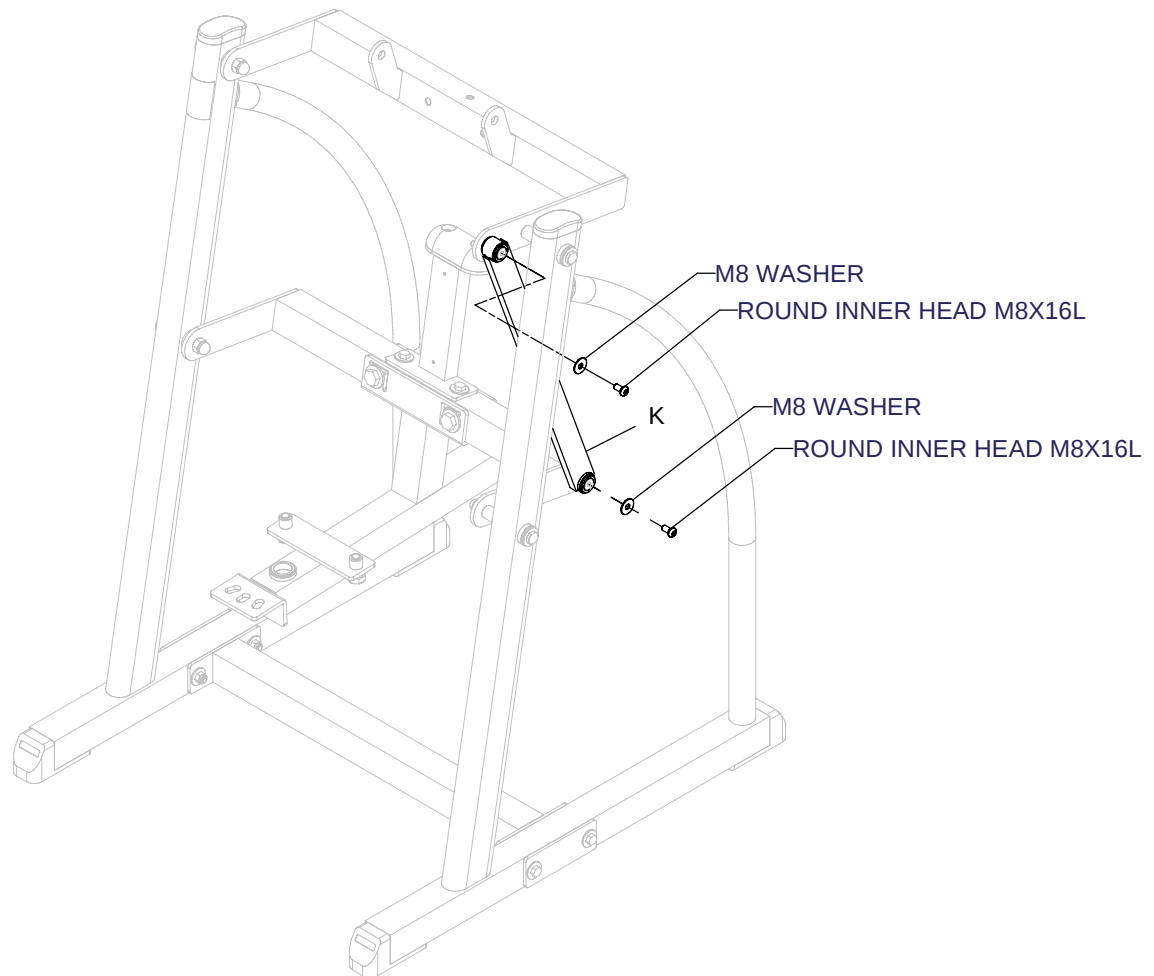
Above shows STEP 4
assembled and completed



AB ROCK ASSEMBLY INSTRUCTIONS

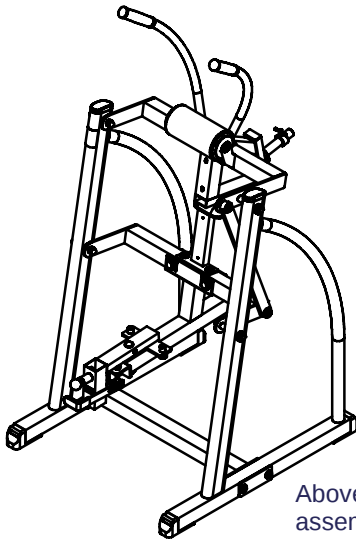


Above shows STEP 5
assembled and completed



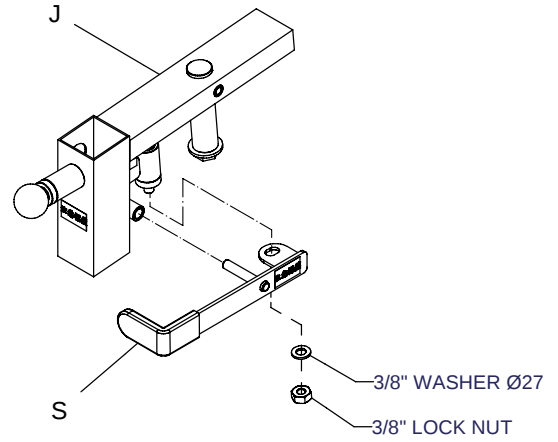
Above seat assembly

AB ROCK ASSEMBLY INSTRUCTIONS

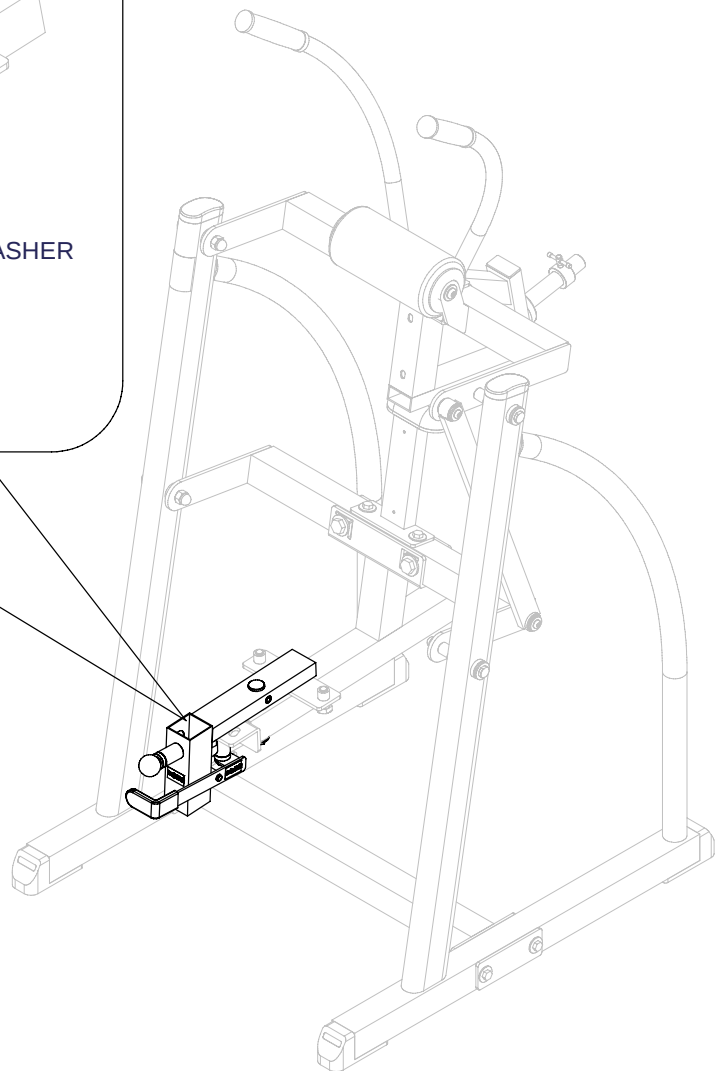
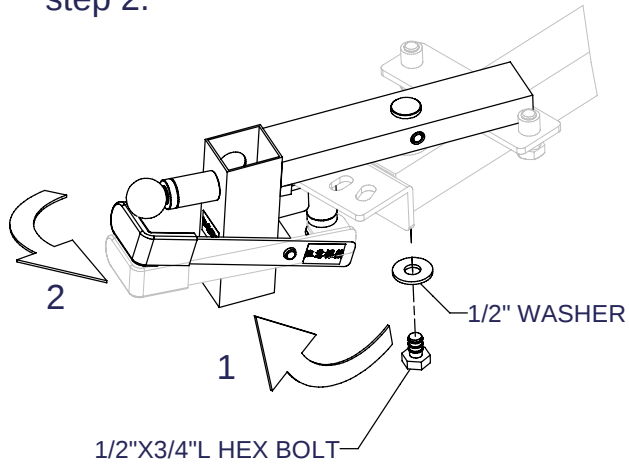


Above shows STEP 7
assembled and completed

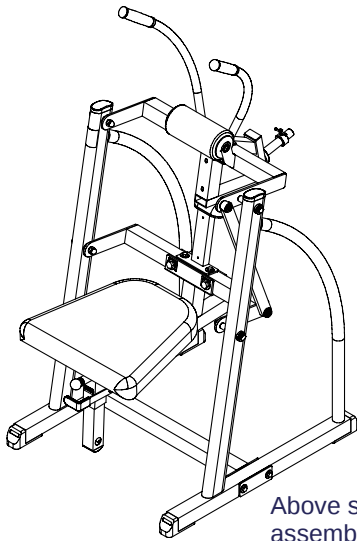
step 1.



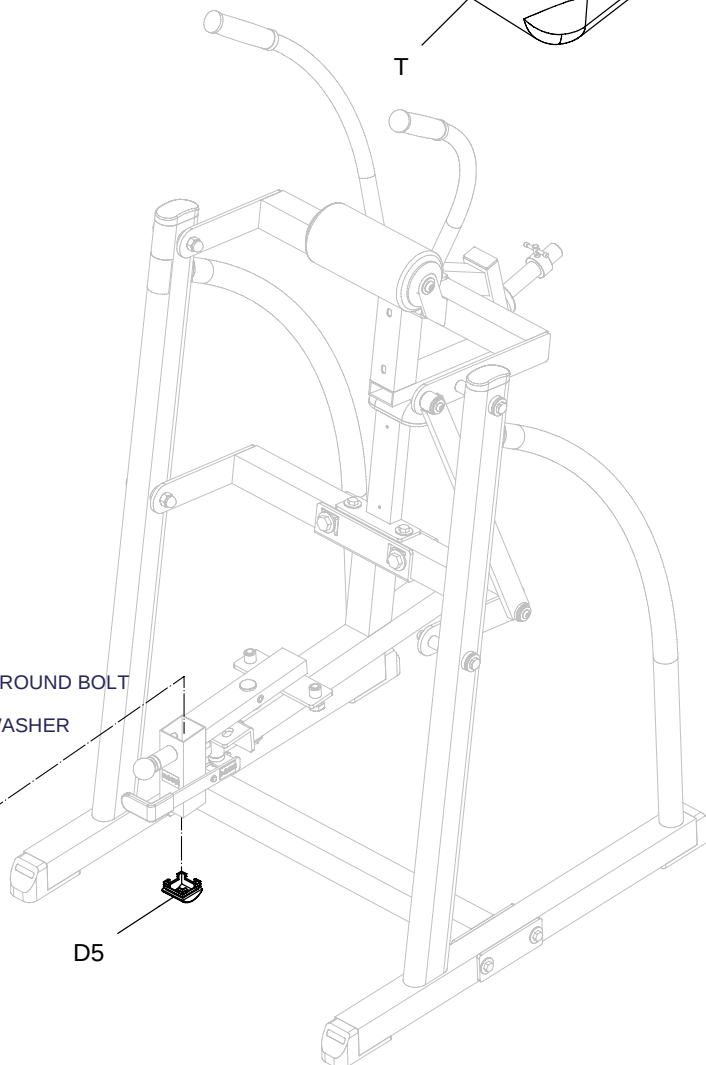
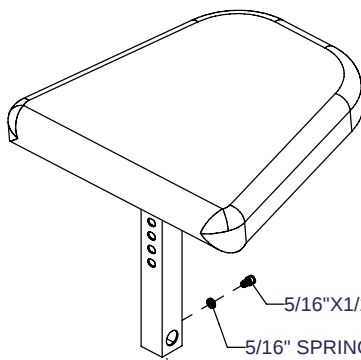
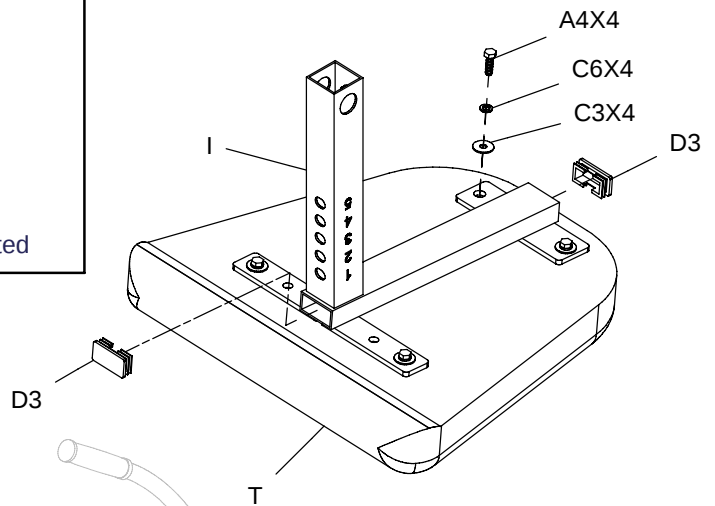
step 2.



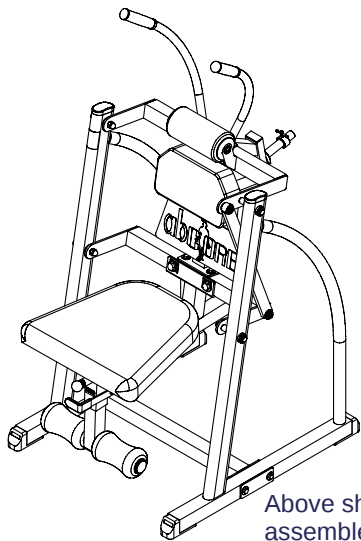
AB ROCK ASSEMBLY INSTRUCTIONS



Above shows STEP 8
assembled and completed



AB ROCK ASSEMBLY INSTRUCTIONS



Above shows STEP 9
assembled and completed

