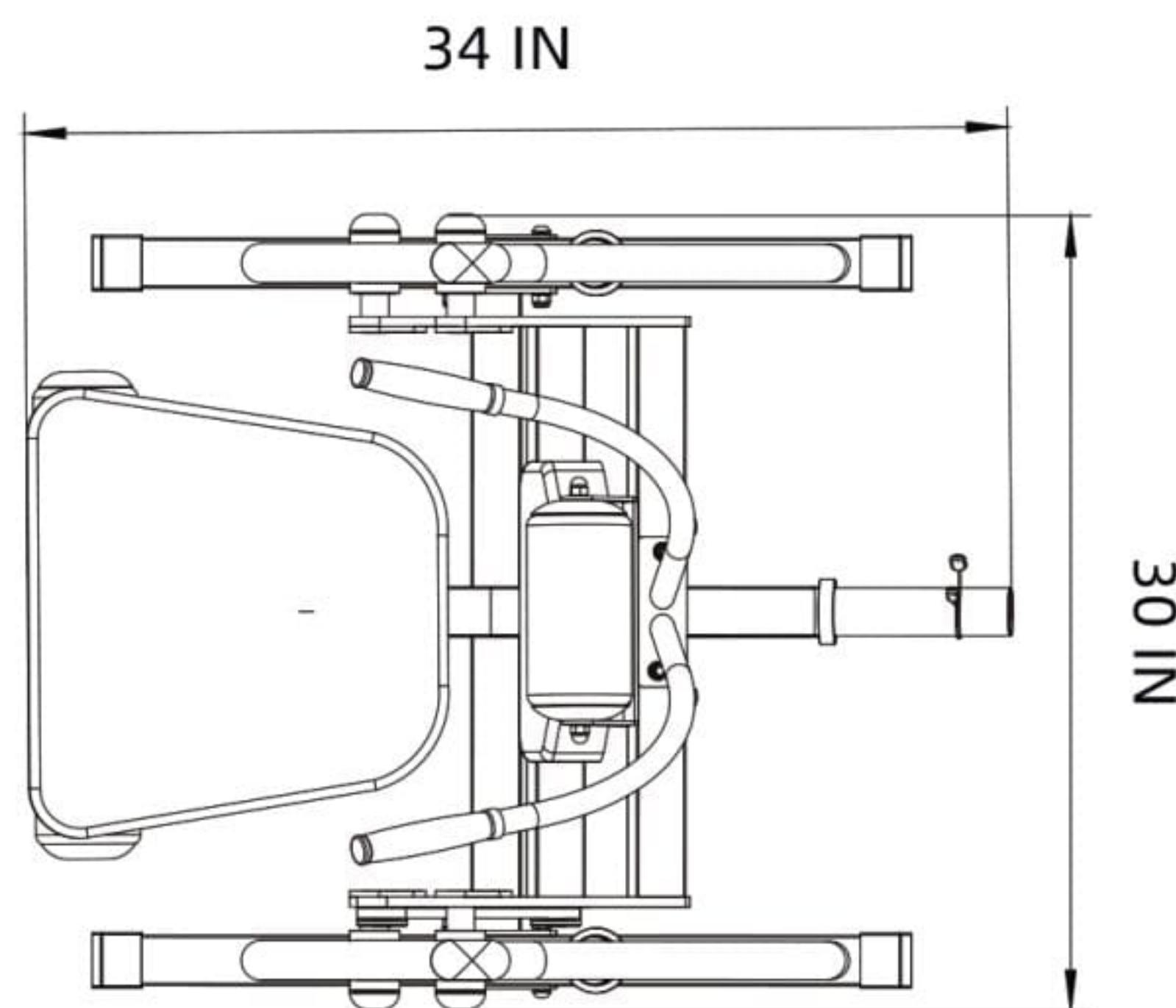


AB ROCK

SPECIAL FEATURES:

- Abdominal machine with adjustable seat for targeting upper and lower abs.
- The upright position design of the NAC makes it easy to enter and exit.
- The upward and downward detachable adjustment installs on the back of the machine allows for working out the abdomen conveniently.
- Bio-mechanical motion works upper and lower abs in perfect synchronicity.
- Dual ergonomically designed handles provide a natural motion.
- High-quality upholstered pads contribute comfort during intense exercise to help the user keep a long-term workout.



Height: 63 IN
Weight: 122 LBS