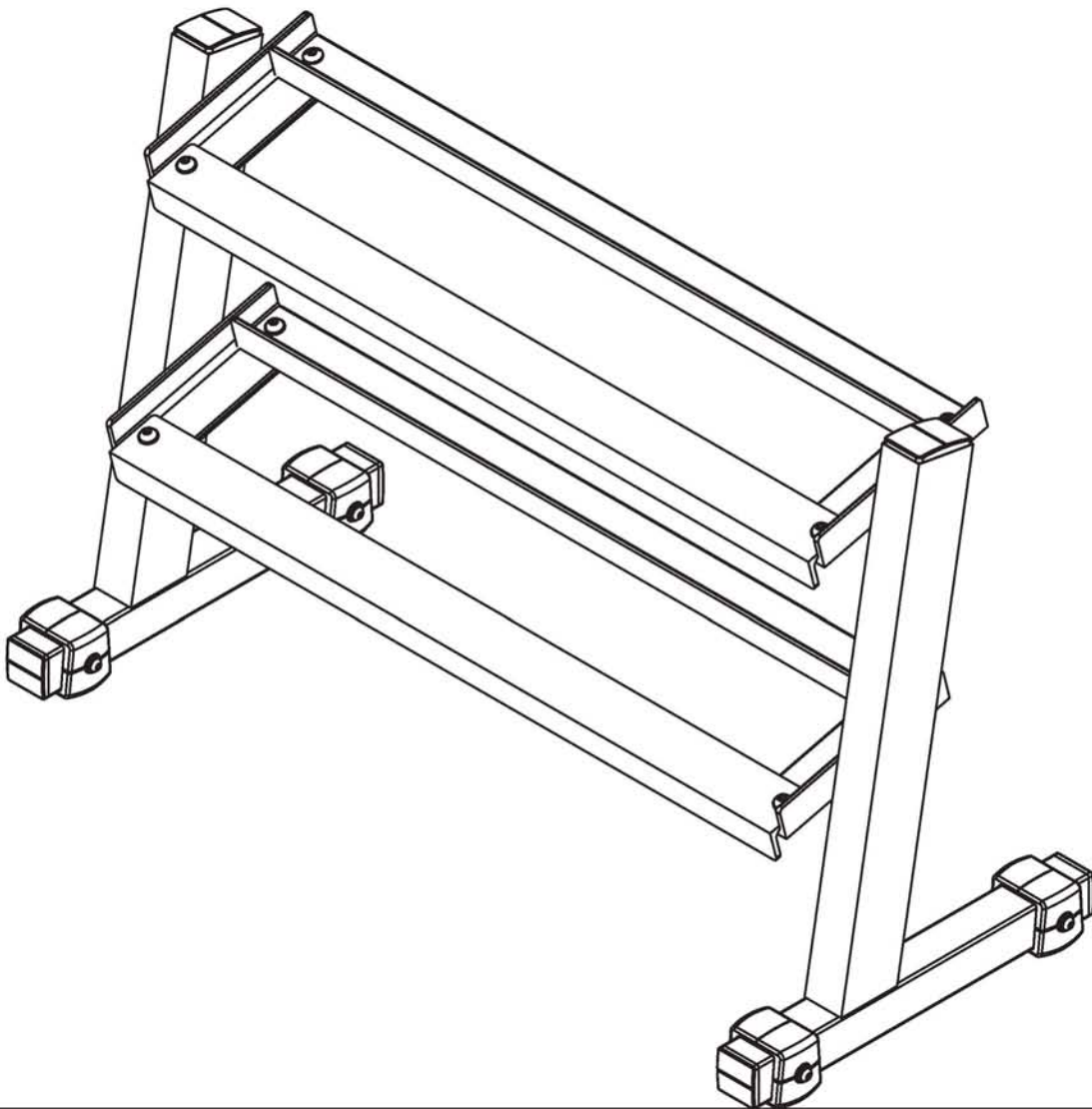




HUDSON STEEL

Owner's Manual

DUMBBELL RACK 3FT



! CAUTION

Read all precautions and instructions in this manual before using this equipment.

215-00118
10/06 Rev A



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Important Safety Information



This manual will guide you through the assembly process.



NOTE: Hand tighten bolts and nylon nuts until machine is fully assembled.

Prior to assembly, remove components from the box and verify that all the listed parts were supplied.

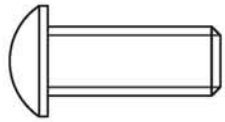
SAFETY INFORMATION WARNING!

Before using this unit or starting any exercise program, consult your physician. This is especially important for persons over the age of 35 and/or persons with pre-existing health problems.

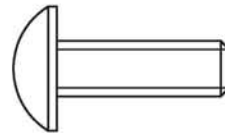
It is the owner's responsibility to ensure that all users of this unit have read the Owner's Manual and are familiar with safety information and precautions.

SAFETY PRECAUTIONS

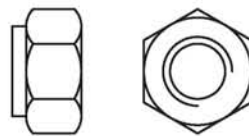
- This unit should only be used on a level surface and is intended for indoor use only.
- Wear comfortable, good-quality walking or running shoes and appropriate clothing. Do not use this unit with bare feet, sandals, socks or stockings!
- Always examine your unit before using to ensure all parts are in working order.
- Do not leave children unsupervised near or on the unit.
- Service to your unit should only be performed by an authorized service representative.



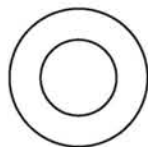
[6#] M10*25 8pcs



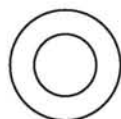
[12#] M8*25 8pcs



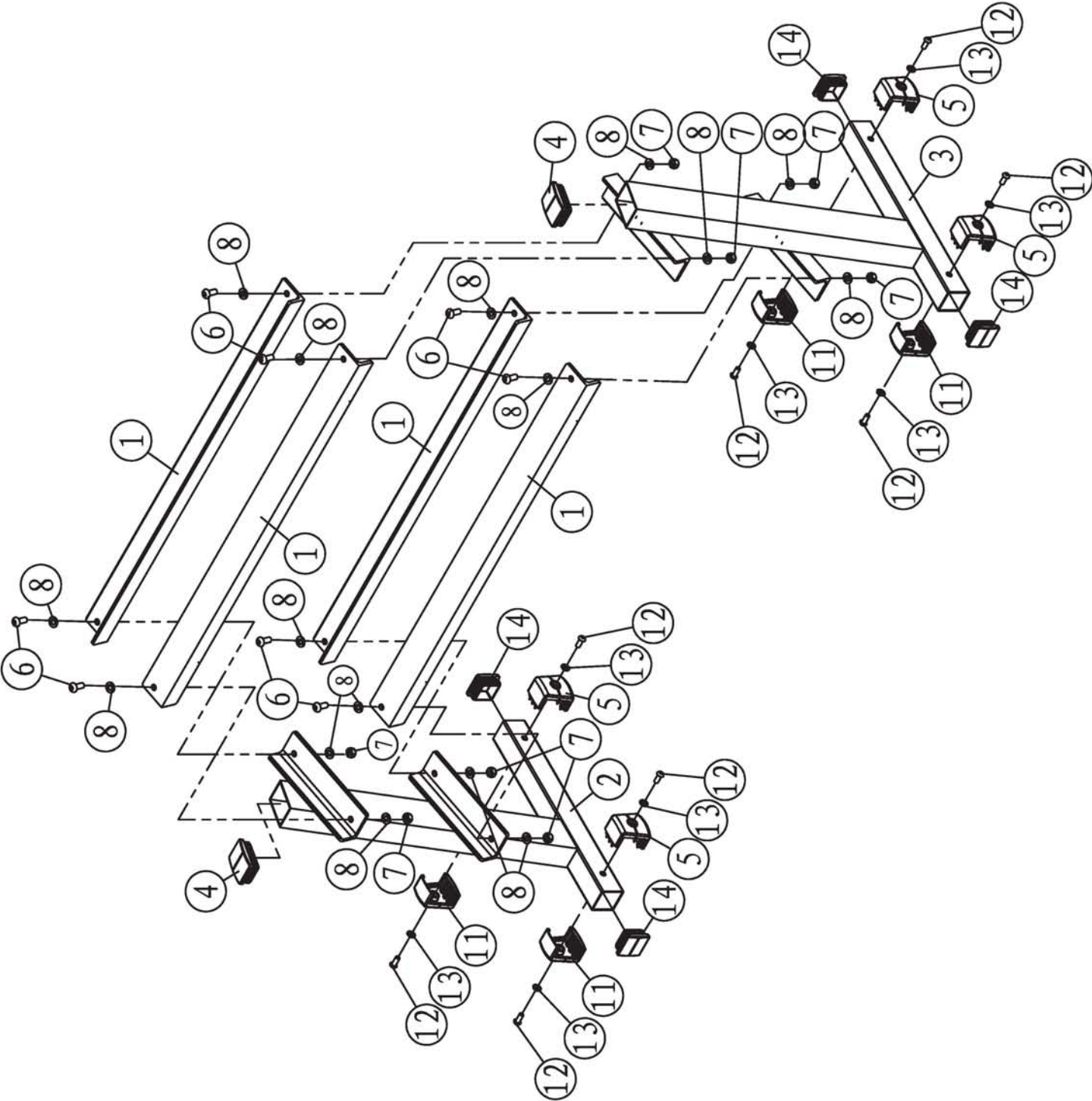
[7#] M10 8pcs



[8#] $\phi 11 * \phi 20 * 2$ 16pcs



[13#] $\phi 9 * \phi 16 * 1.6$ 8pcs



Parts List

KF-DB3 Parts List Rev A

Ref #	Part #	Description	Qty
1	223-00067	RAIL H-DB3	4
2	223-00963	UPRIGHT, LEFT FRAME H-DB3 SERIES	1
3	223-00964	UPRIGHT, RIGHT FRAME H-DB3 SERIES	1
4	206-00394	PLUG, 50.8X76.2 H-DB3 SERIES	2
5	206-00392	FOOT CAP, RIGHT 50.8 H-DB3 SERIES	4
6	202-00087	ALLEN BOLT, M10*25	8
7	202-00097	M10 SILVER WASHER	8
8	202-00093	WASHER, 10	16
11	206-00393	FOOT CAP, LEFT 50.8 H-DB3 SERIES	4
12	202-00659	SCREW, BUTTON HEAD SOCKET CAP M8X25	8
13	202-00094	WASHER 8, 9*28*2	8
14	206-00391	SQUARE PLUG, 50.8 H-DB3 SERIES	4
#	202-00683	BOLT PACK, H-DB3	1



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