



Height: 34 IN
Weight: 110 LBS

DEFINITION LEG EXTENSION/ PRONE CURL COMBO

SPECIAL FEATURES:

- Multifunctional design for seated leg extension, prone leg curl and ab crunch exercises.
- Adjustable pads increase exercise variety.
- Adjustable cam offers proper range of motion and allows multiple start positions for different exercises.
- Ankle adjustment on leg foam for precise fit.
- Built-in handles for support and stability.
- Integrated weight plates holders.

